



What are the differences between the Basic and Expanded Remote versions of the *Motivating By Appreciation Inventory*?

BASIC

The Basic version of the *MBA Inventory* is a brief version applicable to virtually all work settings. This interactive online assessment creates an individualized report identifying an individual's Primary and Secondary Languages of appreciation, and their Least Valued Language of appreciation. Additionally, they obtain a list of specific action items from their Primary Language of appreciation they have chosen and from whom they prefer to receive those actions.

EXPANDED

The Expanded Version of the *MBA Inventory*, in addition to all of the components of the Basic *MBA Inventory*, includes a number of items which provide a deeper look at your results:

- Comparing your results with the general workforce population (text and graphic charts)
- The role (and challenges) of Appropriate Physical Touch to communicate appreciation
- Allowing you to identify the ways you don't want to receive appreciation, in each of the 5 languages

A primary additional difference is that the action items for each language of appreciation are targeted specifically to apply to long distance work relationships. Some specific examples follow:

- Set up a time to talk by video conference, instead of emailing or talking on the phone. (Words of Affirmation)
- Schedule a call occasionally just to chat and see how life outside of work is going. (Quality Time)
- Agree to schedule a meeting or call when it is convenient for my time zone, not according to your time zone. (Act of Service)