

5 Languages of Appreciation at Work™

Do you need **practical, easy-to-use** resources to help create a more **positive, healthy** workplace culture?

1

The Appreciation at Work Training Kit

provides turn-key, easy-to-use resources to train employees, supervisors and managers in practical ways to encourage and support one another.

WHAT is the goal of the AAW Training?

To train employees and leaders how to build a more positive, healthy workplace through learning how to communicate meaningful, authentic appreciation to one another.

WHO is the AAW Training process for?

Employees, supervisors, managers, and organizational leaders.

WHAT does the AAW Training process look like?

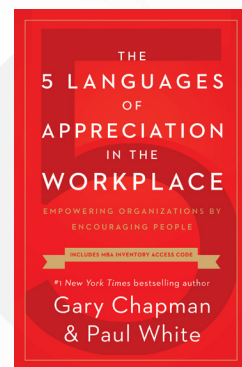
The process is highly interactive, led by a facilitator, and utilizes instructional videos, cartoons, humorous videos, small group interactions, large group discussions, and handouts.

HOW LONG is the AAW Training process for employees and leaders?

The foundational training can be conducted in a half-day or a series of one hour sessions. However, there is sufficient additional content for six to eight hours of training and discussion.

WHAT issues does the AAW Training cover?

The difference between employee recognition and appreciation, what the 5 languages of appreciation look like in daily work life, core concepts for people to truly feel valued, the practical benefits experienced when team members feel appreciated, and how to communicate appreciation to remote team members.



2

Advance your professional credentials by becoming a Certified Facilitator of *Appreciation at Work™*



Used by over 900 Certified Facilitators in 25+ countries, the *AAW Training* has improved workplace cultures in hospitals, government agencies, schools, manufacturing facilities, long-term care facilities, multinational corporations, small businesses, and professional practices.

WHO can become a Certified Facilitator?

HR professionals, Learning & Development trainers, Supervisors, Organizational leaders, Coaches, and Organizational Consultants.

HOW LONG does it take to go through the online “train the trainer” course and become a Certified Facilitator?

Typically 3 hours or less.

WHAT is included?

After completing the online course, the *Appreciation at Work Training Kit* will be mailed to you.

The kit includes:

- 5 foundational training videos and modules
- Facilitator’s guidebook
- Participants booklets
- PowerPoint slide decks for each module
- *5 Languages of Appreciation in the Workplace* book
- Follow-up emails and resources



There are additional supplemental videos and modules included, which can be used to lengthen the training or use in follow-up sessions including Authenticity, Generational Issues, Remote Employees & Virtual Teams, and Changing Your Culture.

ADDITIONAL RESOURCES REQUIRED:

Each participant will need a code to take the *Motivating By Appreciation Inventory*. Codes for the Basic version of the inventory are included with each *5 Languages of Appreciation in the Workplace* book. Codes may also be purchased separately for both the Basic version and also the Expanded versions. Group discounts are available. Go to shop.appreciationatwork.com to order.

We look forward to serving you through these new resources. If you have any questions, please visit www.appreciationatwork.com or contact us at admin@appreciationatwork.com.

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